



FAMILY ON THREE HOSTS BASKETBALL CLINIC AT AMS II A New Vision Charter High school

JANUARY 30

On Saturday, January 27th, Anthony Mason Jr. and the entire Family on Three team descended upon AMS II to host their flagship Saturday Academy. The three hour, youth enrichment program boasts a curriculum that combines 'on-court' health and fitness ideals and techniques, with 'off-court' workshops and life-skills lessons. The organization and each person representing the team possesses strong, virtuous beliefs and is constantly pushing for a balance between mental and physical exercise, to properly support the student and the athlete.



Not only does this outstanding organization go around New York City to provide basketball clinics, workshops, and academies, but they host events like charity kickball games and toys drives at children's hospitals and colleges. They also pride themselves in taking an interest in the future of these young people's lives. In order to further their impact, they offer academic internships to college students and work with community leaders to make sure that the work that they do has value and meaning to the communities served.

While in the classroom workshop, the Family on Three representatives spoke on ways to carry yourself as a young adult. It was a wonder to see each and every student in attendance listen intently as former players and current front office executives spoke about the importance of giving a firm handshake, exuding confidence and speaking in a positive manner at all times and in all aspects of one's life.

"Created in 2015, the Family on Three Foundation was born and dedicated in the loving memory of New York basketball legend, Anthony Mason. The mission of the Family on Three Foundation is to impact our youth and community by providing inner-city kids with positive role-models, strategic enrichment and exposure. Through sports, we aim to unite the youth and community by teaching on-and-off the court values that foster growth, awareness, education and achievement; effectively correlating sports with real life.

We believe that a child's development is deeply affected by their environment. In some places there are communities nested layers of positive influences and reinforcement; children have the security of a stable home, enriched schools, clean playgrounds and positive role models. In these places it is easily believed by children that they can be successful because everything in their environment enforces that. This isn't the reality for most children in underprivileged communities. We believe that a child's sense of self-worth, self-confidence and ambition are the building blocks toward personal success. We believe that by changing the social and physical environments of a child, we can eliminate a maze of obstacles for children consequently creating a network of support and sense of self-worth that promotes their healthy development."